

What is claimed is:

1. A composition for accelerating estrogen secretion, which comprises as active ingredient one or more selected from the group consisting of *Platycodi Radix* extract and *Cynanchum*
5 *wilfordii* extract.
2. A pharmaceutical composition for treating or preventing a disorder associated with menopause, which comprises a pharmaceutically effective amount of one or more selected from
10 the group consisting of *Platycodi Radix* extract and *Cynanchum wilfordii* extract; and a pharmaceutical acceptable carrier.
3. A food composition for treating or preventing a disorder associated with menopause, which comprises as active
15 ingredient one or more selected from the group consisting of *Platycodi Radix* extract and *Cynanchum wilfordii* extract, wherein the extract induces estrogen secretion.
4. The composition according to any one of claims 1 to 3, which
20 further comprises *Phlomis umbrosa* extract as active ingredient.
5. The composition according to any one of claims 1 to 3, which regenerates or proliferates tissue cells of female sexual
25 organ.

6. The composition according to any one of claims 1 to 3, wherein the amount of the extract is 20-80% by weight of the total amount of the composition.

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7. The composition according to any one of claims 1 to 3, which further comprises one or more ingredients selected from the group consisting of calcium, arginin and lysine.

10 8. The composition according to any one of claims 1 to 3, wherein the extract is an active fraction prepared in a process which comprises treating *Platycodi Radix* and *Cynanchum wilfordii* with hot water for obtaining an extract; and filtering the extract by means of ultrafiltration membrane with a molecular
15 weight cut off of 50,000-100,000.